



Progressive Community Services, Inc.

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Supporting people with disabilities in communities throughout Dane County.

Dane County Community Centers: A Resource Guide for Adults with Developmental Disabilities

**Compiled by Progressive Community Services
December 2007**

Introduction

Every year PCS staff pick a project for the year and make it happen. This work was an effort by PCS staff to go from consulting a reference to creating a reference. The journey we each took in making the contacts and gathering the following information has given us all a better working knowledge of our communities and the community centers throughout Dane County. In a time of shrinking budgets and “efficiencies” these community centers will become critical to the people we serve and their quality of life.

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Bayview Foundation
The Bayview International Center for Education and the Arts
601 Bayview
Madison, WI 53715

Telephone: 608-256-7808

Fax: 608-256-2386

Email: bayviewfoundation@bayviewfoundation.org

Website: <http://www.bayviewfoundation.org>

According to the Bayview Foundation website, the center's "uniqueness stems from its focus on developing the family through cultural pride, education and arts appreciation... A second aspect of its uniqueness is the multi-cultural and multi-ethnic composition of the families who participate in the Center's activities. These families have roots in the Hmong culture along with the cultures of Laos, Mexico, Vietnam, Nicaragua, Cambodia, Columbia, China, many countries in Africa as well as African Americans and Native Americans. About 20 languages are spoken in and around Bayview."

Events that are sponsored by the community center include a weekly art class on Wednesdays from 1-3:00 pm. These classes are located at the nearby Parkside Apartments and are lead by Nancy Giffey. The classes are open to people of all abilities, although only residents may attend. The Bayview community center also offers free dinners to Southeast Asian adults on the first and third Thursdays of each month from 3:30-6:00 pm. The dinners are intended to serve Southeast Asian adults of 40 years of age or older and are open to the public.

Boys & Girls Club of Dane County
Allied Family Center
4619 Jenewein Rd.
Fitchburg, WI 53711

Family Resource Coordinator: Jenny Bingen

Phone: 608-204-9722 x 122

Email: jbingen@bgcdc.org

Website: www.bgcdc.org

Our mission is to inspire and enable all young people, especially those from disadvantaged circumstances to reach their full potential as productive, responsible and caring citizens. We provide quality programs to enhance self-esteem and promote the academic, physical, and social development of youth ages 7 through 18. We provide positive alternatives in a safe environment through diversified programming.

Membership application and Member/Parent orientation must be completed prior to Club participation.

FREE—Programs & Services for Adults: Summer 2007
The Boys & Girls Club—Allied Family Center
4619 Jenewein Road, Fitchburg, WI 53711

ESL—ENGLISH AS A SECOND LANGUAGE (Provided by MATC):

- July 9 – August 16
- Monday, Tuesday and Wednesday
- 10:00am – 12:00noon

FOOD PANTRY (Provided by Allied Partners):

- Wednesdays
- 10:00am – 12:00noon and 6:00pm – 7:30pm
- Each family member must provide a form of identification and must have a 53711 or 53719 zip code

PUBLIC HEALTH NURSE (Provided by Madison Department of Public Health):

- Wednesdays
- 10:00am – 12:00noon

ALLIED MOBILE FOOD PANTRY (Provided by Allied Dunn's Marsh Neighborhood Association, ACORN and Second Harvest):

- 4th Saturday of the month
- 11:00am – 12:00noon
- To register call 608.277.0655

ADULT OPEN COMPUTER LAB:

- Friday
- 10:00am – 4:00pm
- On occasion the lab may be used during the listed hours for other programs held at the Club
- If you need to use a computer during other hours please reserve space in a community room

COMMUNITY LITERACY ADULT TUTORING (Provided by the Literacy Network):

- Tuesdays
- 6:00pm – 8:00pm
- Must enroll in advance, call Beth or Brian at 608.244.3911

WISCONSIN NUTRITION EDUCATION PROGRAM (Provided by UW Extension):
Program is conducted in Spanish

- Dates and times to be determined
- Call Aracely at 608.224.3749 to enroll

Looking for a room to have a program, event or hold a meeting?

Contact: Jeni Bingen- Family Resource Coordinator: 608.204.9722 ext. 122,
jbingen@bgcdc.org

Bridge Lake Point Waunona Neighborhood Center
c/o Vera Court Community Center
Tom Solyst, Executive Director
1917 Lake Point Drive
Madison, WI 53713
441-6991/441-6993 (FAX)
E-Mail: blwcenter@yahoo.com

| Family and Adult Programs | |
|----------------------------------|---|
| Adult Computer Lab | Adult Computer Lab Weekdays 9:30-5:30PM Our computer lab is open to community members. It has free internet access, and other useful programs for various purposes. In addition to open access the center provides computer classes and training for youth, seniors, and adults. |
| 50+ Program | Open house Saturdays from 9:30 to 11:30 Lunch Two Fridays each month from 11:30 to 1:30 September through May |
| GED/HSED Program | Tuesday and Wednesday 12:00-1:00 |
| Mobile Food Pantry | Third Wednesdays from 12:00 to 1:00 Volunteers must arrive by 10:30 (see below for info) |
| SHARE Food Co-op | |
| Chiropractor | |

Sample of events/activities/programs offered...

Mobile Food Pantry

Date: 11/21/2007

12:00-1:00 (Volunteers must arrive by 10:30)

Please register in advance by stopping in or calling 441-6991. Bring bags for your groceries.

Second Harvest Mobile Food Pantry

12:00pm-1:00pm third Wednesday of the month

Volunteers must arrive by 10:30

Prior registration is required.

Food from the Second Harvest warehouse is trucked to the BLW Neighborhood Center on the third Wednesday of the month for immediate distribution to residents. The program provides additional food to those in need and gives Second Harvest a valuable channel to increase distribution of perishable food items to ensure that good food will not go to waste.

Registration, with ID, is required by residents who participate in the BLW Mobile Food Pantry. Call or stop in to register.

When residents come to the Pantry, they are issued a number at the reception desk. Residents are then called to pick up their food by number, first those that have pre-registered and then those who have registered on pantry day. After all have gone through the line once--if there is food remaining, and there frequently is--residents can go through the line a second time.

Volunteers are always welcome. To volunteer, come to the center on food pantry day by 10:30 (10:15 if this is your first time volunteering at BLW).

Chiropractor

Date: 11/29/2007

10:00-12:00

Please call for appointment.

SHARE Order Deadline

Date: 11/30/2007

12:00

Note: Special item, 12-14 lb frozen turkey for \$13.75 not on order blank.

SHARE Food Co-op

Distribution is usually the third Thursday of the month with an order deadline of the first Friday.

BLW is a SHARE Distribution Center.

SHARE is a nonprofit food buying club that offers good, nutritious products at reduced cost through a volunteer-run, community-based distribution system. SHARE's mission is to build and strengthen community through volunteer service.

SHARE Distribution

Date: 12/13/2007

12:00-1:00 Food buying co-op.

50 Plus Lunch

Date: 12/14/2007

11:30-1:30

Food, games, prizes, entertainment, fellowship. Please register in advance.

Please call the Center if you would like to come and have difficulties with transportation.

50 Plus Holiday Lunch

Date: 12/21/2007

11:30-1:30

Food, games, prizes, entertainment, fellowship. Please register in advance.

Please call the Center if you would like to come and have difficulties with transportation.

MG&E Energy Efficiency Workshop

Date: 12/21/2007

12:30 -1:00

Preregistration required

**East Madison Community Center
8 Straubel Court
Madison, WI 53704**

Telephone: 249-0861

E-mail: info@EastMadisonCC.org

Website: www.eastmadisoncc.org

EMCC has a wide range of activities for adults and families, including GED and ESL classes, support groups, recreational outings, community events and excursions, leadership development opportunities, and much more. Programs are weekly, monthly, seasonal and are always evolving to meet the interests and needs of EMCC participants.

Woman's Support Group and Parenting Classes - EMCC has an ongoing Women's Support Group (Wednesday evenings from 6:00-8:00 pm) that offers regularly scheduled workshops and programs on a variety of personal and family development interests (nutrition, finances, recreation, etc.). Parenting classes are scheduled during the year, usually featuring a particular issue or topic such as parent-child communication, middle school transition issues, positive discipline, and more.

GED/ESL - People seeking a general education diploma and/or learning English as a Second Language can attend EMCC's GED/ESL class on Tuesday evenings from 5:00-

8:00 pm throughout the regular academic year. Taught by MATC Adult Education instructors, GED/ESL prepares people to successfully complete their high school equivalency and become more fluent in English. There is no cost for these classes.

Neighborhood Resource Center - The NRC program offers adults access to on-line computers, help with employment applications and resume development, assistance with school applications and financial aid information and more. Information and referral for social service programs, recreation and advocacy are also available.

Computer Lab - EMCC's computer lab includes both PCs and Mac computers for residents needing on-line access to the internet and email. Drop in computer classes are also available for both children and adults.

CenterPoints Newsletter - CENTERPOINTS is the quarterly newsletter of the East Madison Community Center, featuring information about seasonal programs, special events, resident and volunteer milestones and other community information. CENTERPOINTS goes out to over 2500 households in Madison and welcomes both new subscribers and new supporting advertisers.

Community Garden Program – located behind the community center.

Senior Programs – Every Wednesday night from 5:30-8:00 pm seniors are welcome to attend Senior Euchre at EMCC. The first Wednesday of each month also features a potluck beginning at 5:00 pm. Throughout the year there are special events and programs of interest for seniors (U.W.-sponsored balance clinic, blood pressure check, etc.) offered.

Food Pantry and Household Items/Clothing Distribution - EMCC hosts a food, household items and clothing distribution on the fourth Tuesday of each month beginning at 12:00 noon (first come, first served). Pantry parcels include basic staples, specialty/holiday items and a selection of personal care items to choose from (New pantry customers should call ahead for registration information). Household items and clothing are available as are donated throughout the year and include dishes, appliances, furniture, baby and infant supplies, assorted linens and towels, bedding, clothing of all sizes, and more. Donations of clean and gently used household items and clothing are gratefully accepted

Neighborhood Revitalization Efforts - EMCC works with other community organizations to provide enriching and engaging citizen opportunities, including the East Isthmus Neighborhoods Planning Council, Grassroots Leadership College, the Truax Neighborhood Association, the United Way and other east side initiatives (beautification, safety, etc.) for resident civic engagement.

RING – Volunteer involvement at EMCC is enriching, substantive and provides excellent job-skill growth for both youth and adults. People interested in volunteering for a favorite program or activity should contact EMCC staff for volunteer application information.

Fitchburg Community Center
5510 Lacy Road
Fitchburg

Phone: 270-4290

Hours: M-F, 8-4

- Peak-hour transit service soon to be added on weekdays
- Bookmobile on Fridays 12-2
- 5 rooms to rent/use-Kitchen is \$50 to rent
- Volunteer opportunities

Goodman Atwood Community Center
Relocating on Atwood Ave.

Phone: 231-1574

Website: www.goodmancenter.org

- On busline
- Food and Meal resources (emergency food pantry, free meals every Friday), Thanksgiving program, etc.
- Atwood Community Gardens - registration starts April 14th, 20-60 foot plots for a nominal fee, fees can be exchanged for volunteer hours, current waitlist for a plot
- Meeting space to use on a sliding scale fee structure
- Van Rental: non-profit groups can rent a 7,12, or 15 passenger van for a modest fee -increase capability to take advantage of local resources, cultural events .etc.
- Adults have access to diverse classes from 12-step programs, computer classes, affordable housing, dance, accordion playing
- Older adults have Monday brunch, Wed. is full rec day with exercise, coffee, lunch, bingo, etc. There are also weekend outings. Just drop in!

Kennedy Heights Neighborhood Center
199 Kennedy Heights
Madison, WI 53704

Hours: Mon - Fri 9 a.m. - 9 p.m.

Phone: (608) 244-0767

Fax: (608) 661-9190

Website: www.khcommunitycenter.org

The Kennedy Heights Community Center is a small center serving the north-east side of Madison -- specifically the 104 apartments in the Kennedy Heights low and medium income housing project. The building and its programs foster community integration and activities for the many Hmong families living in this neighborhood. The Center offers programs and services to the adults and children living in this diverse community. The activities and programs are reliant on volunteers for their new ideas, energy, and skills. It is a place for integration and provides the numerous volunteers, as well as the residents, an enriching experience.

The following programs are available to adults in the neighborhood:

- Asian Outreach Program:
Serving the Southeast Asian residents through social, recreational, and educational programs designed to enhance their lives and reduce social isolation. Translation, interpretation, informational, and referral services are integral parts of this program.
Asian Outreach Coordinator: Vammeej
- Adult Outreach Program:
This program provides social, recreational, and educational activities designed to enhance the lives of participants and their families.
- Food Bank:
Free food distribution for residents of Kennedy Heights on a weekly basis.
- Cultural Events:
The Madison Civic Center, American Players Theatre, and the Madison Theatre Guild provide free tickets for performances, enabling the residents to attend a variety of cultural events throughout the year.
- Annual Neighborhood Party:
Everyone is invited! There is free food provided, as well as a performance stage and children's area. Come and celebrate community.

Madison Senior Center
330 W. Mifflin St.
Madison, WI

Phone: 266-6581

Hours: Monday through Friday 8:30 AM to 4 PM, Evenings & Weekends as Scheduled

The Center is a two-story building which is completely handicapped accessible. It consists of a reception area, staff offices, kitchen, dining room, large lounge area, craft room, and four multipurpose areas.

Our Mission:

Madison Senior Center, a City of Madison agency, involves older adults in their community and the Senior Center, as leaders, teachers and learners; provides a balance, diverse and coordinated program; and promotes the Senior Center as a model for the aging and aged.

"The Madison Senior Center promotes successful aging."

The logo "In the Heart of Things" describes not only the location of the Senior Center, in the heart of downtown Madison, but it also emphasizes that the senior center is actively involved in the community and activities especially geared for area seniors.

The Madison Senior Center goal is to promote successful aging. It provides:

Information and Referral Services for those seeking help with taxes, health, housing and other concerns. We offer case management services three days per week, and a computerized information assistance program to help seniors and family members access available area services. We offer a number of special events throughout the year including "Day Downtown," "Tastes and Sounds of Madison," Senior Fashion Show, Art Shows, Christmas Dinner, New Year's Eve Party to name a few. In addition to special programs, a variety of activities take place on an ongoing basis:

- Tai Chi Exercise
- Bridge
- Ballroom Dance Lessons
- Euchre
- Square Dance Lessons
- 500 Cards
- Bingo
- Piano Music weekly
- Pool Tables
- TOPS Weight Loss
- Exercise Bikes
- Movie Matinees and Dinners
- Monthly dances
- Monthly Lecture Series
- Two monthly Sunday dinners

Other Services We Provide:

- Classes
- Senior Meal Program

Membership:

The Center is open to persons in the area who are **55 years of age or older**.

Program activities are available to senior first. For certain activities, a senior scholarship is offered for those of modest income. Although there is no annual membership fee,

persons are encouraged to make a donation to the center during our annual fundraising drive.

Please stop in for a visit at any time!

Senior Meal Program:

Full course meals are served week days. For further information on this program, call (608) 266-6416. Monthly menu is located in our newsletter.

The cost of the meals for persons 60 and older is on a donation basis (suggested donation: \$1.50)

Monday through Friday, serving begins at 11:30am (transportation is available; call the manager for information)

For reservations or cancellations call 266-6416 by 12:00 Noon, **one week day in advance**. Messages can be left at any time, but meal reservations must be made 24 hours ahead.

“The Madison Senior Center Promotes Successful Aging.”

- Computer Classes: Basic, Intermediate, Advanced, Word Processing, Internet & E-mail, Spreadsheets, Database.
- Dancing Classes: Ballroom, Square, Round.
- Other Classes: Basketry, Calligraphy, Creative Writing, Cooking, Harmonica, Various Painting, and Science.
- Support Groups: AA, Latino Support Group, TOPS.
- Health/Wellness Activities: Blood Pressure Screening, Bone Density Screening, Cholesterol Screening, Flu Shots, Glaucoma Screening, Massage Therapy, Gentle Exercise, Tai Chi, Yoga, Toe Nail Clinic.
- Special Programs: Absolutely Antiques, An Artful Affair, A Photo Affair, Book Bites, Black History Month, Congressional Listening Sessions, Candidate Forums, Wisconsin Senior Games, Junior/Senior Prom, Senior Center Week, Thrift Sale.
- Services: Service Manager, AARP Tax Assistance, Health and Wellness Lectures and Screenings, Food Fair.
- Volunteer Leadership Opportunities: Lead programs and activities, serve as Front Desk receptionist, Serve on Board and committees, work with youth in a variety of programs, mentor a nursing or medical student and more.
- Meals: Nutrition Site on Weekdays, Sunday Meals, Special Event Meals, Christmas Day Dinner.
- On-Going Activities: Bridge, Canasta, Movies, Birthday Party, Piano Music, Thursday Dances, Attitude Adjustment Group, Come Sew With Us.
- Intergenerational Programs: School Friends, Edgewood Nursing Mentor Program, Literacy for Life language tutoring, Senior Partners Program with U-W Madison

medical students, Preschool Craft Program, Globe Talkers with U-W Madison International students, Computer Buddies, Memory Makers Storytelling, and Dialogue Across the Ages discussion group with high school students.

Monona Senior Center
1011 Nichols Rd.
Monona, WI 53716

Director: Diane Mikelbank

Phone: 608-222-3415

Fax: 608-223-2311

Information (including current newsletters) can be found at www.monona.wi.us

The Senior Center is open from 8:30 a.m. to 4:30 p.m., Monday through Friday. Parking is available across the street and adjacent to both entrances. Dues for the calendar year of 2007 are \$8.00 for Monona residents and \$10.00 for non-residents. Activities offered by the senior center include: free Friday movies each week at 1:00; bowling Mondays mornings at Village Lanes at 11:45; bridge, euchre, and sheepshead games on various days of the week; pool games for men and women Tuesday afternoons from 1:00-4:00; various health classes; fitness classes such as pilates, stretch & tone, and yoga. For more information on these events and many others, contact Diane Mikelbank.

MSCR
3802 Regent Street
Madison

Phone: 204-3000

Website: www.msqr.org

Hours: Variable

- Busline
- Therapeutic Recreation Program-Participant Assessment and accommodation request form on line- Adaptive Sports info and classes-contact Chad Thom 204-3020 or e-mail cthomb@madison.k12.wi.us
- MSCR at Warner Park Community Center (look at the program guide on line)- MCSR program fees at WPCRC may be waived in part or full if individual meets HUD income guidelines

- Pontoon Boat Rides-5 or less can drop in for a ride, (Tenney Park, NE of the Yahara River)-Individuals with disabilities and non-profit orgs. get a reduced rental rate.
- Specialty Trips-dinner, fireworks, fishing, history of Lakes, photography trips, birthday parties, etc. Must register in advance-look at the program guide for complete listings.

Neighborhood House Community Center
29 South Mills Street
Madison, WI 53715

Phone: 608-255-5337

Fax: 608-255-5937

The Neighborhood House Community Center is the oldest community center in Madison, WI, providing quality educational, recreational and social programming and services since 1916. Neighborhood House supports thousands of Madison residents each year through our youth and senior programs, emergency food pantry, facility usage, and information and referral.

Mission Statement

Our mission is to provide high quality programming and social services that facilitate the growth of a diverse, responsible and welcoming community.

Vision Statement

Neighborhood House will create opportunities for area residents to strengthen the quality of their community by making connections, building relationships and embracing diversity through social, educational and recreational activities.

Emergency Food Pantry

Food Pantry is available to area residents and community members who need emergency assistance. Neighborhood House's Food Pantry is open Monday and Thursday from 12:00-3:00 p.m.

Information and Referral

A service for community residents who need access to other resources in Dane County.

Community Assistance

Neighborhood House provides supervision and structured work tasks and activities for adult and youth offenders. The program allows the participants to accept responsibility, develop a support network and build self-esteem. In addition, the center provides adults from the W2 Program an opportunity to participate in center activities. Benefits to the

participants include learning new skills, acquiring new reference for employment and building self-esteem.

Community Meeting Space & Faculty Use

As an additional service to the community, Neighborhood House provides a meeting space for neighborhood and special interest groups such as the Greenbush Neighborhood Association, Greenbush Play Group, Table Tennis, Durendal Fencing, Tibetan Tutoring Project and Ballet Folklorico Mexico!!

Community Arts Program

Ongoing projects involving youth and adults with an emphasis on generating art projects that reflect the local history and culture. Completed projects include a mural in the center's gymnasium, mosaic stepping stones, and a landscaping project.

Community Events and Meals

Neighborhood House hosts several community meals and fundraising events throughout the year. These events provide opportunities for area residents to connect and engage with each other within an informal, community setting.

Packer Apartment Community Center 1927 Northport Drive Madison, WI 53704

Director: Carmen Porco, 608-249-0160

Program Coordinator: Jacki Thomas 608-249-0160

Fax: 608-249-0177

Website: <http://www.packers.org>

The Packer Community Learning Center offers programs which emphasize education and employment, within a Section 8, HUD housing community, to residents of all ages, and members of the greater community.

Description

Much of our programming base stems from a cutting-edge computer technology lab, both Macintosh and PC, DSL internet access, and a wide-range of office, educational, graphic arts, web development, audio and video editing software. The lab is open 9 am to 9 pm daily. On-site programs at the Packer Community Learning Center include: two Head Start classrooms; homework help for K-12 students; ScholarShop for grades 6-12 and ScholarShop Jr. for grades 3-5, exploring careers and post-secondary education options and planning; Adult Basic Education Programs, including GED/HSED completion and English as a Second Language; Transitional Learning Center allowing high school students to continue earning credits while awaiting placement in an alternative MMSD

high school; Writers' Circle for teens and adults; Recording Studio for musicians; Summer Youth Enrichment Programs; photography darkroom; digital video editing studio; drama activities for all ages; graphic and visual arts activities; & food distribution. Staff live and work in the community and are able to quickly and productively match volunteer skills, interests & passions with persons in need of service.

History

The Packer Community Learning Center opened in December 1994, funded completely by the Northport-Packer Apartment Corp. Programs are developed on an ongoing basis in response to resident-identified needs and interests. Nearly all staff persons, in both housing and program areas, are residents of the community. Over the years, an emphasis on the arts and technology has generated many exciting programs.

Our community center is the heart of our community.

It's a place where residents can find new paths to personal growth while fostering the kinds of relationships that build a strong and vibrant community.

Programs and activities aimed at expanding cultural, employment and educational horizons are available to all residents. Among them: Child Care, Head Start, after-school tutoring, employment assistance, community meals and recreational activities.

Encouraging positive social and intellectual development in our young people is a top priority. Bringing down barriers to employment and education for adults allows families to realize their fullest potential and seek the quality of life they deserve.

Computer labs provide access to cutting-edge technology and the information superhighway. The installation of a state-of-the-art computer center is the culmination of several years of effort on the part of Carmen Porco and CPDS. The purchase of the hardware for labs, which serve as a training and education site for the residents and the surrounding community, were made possible through the cooperation of a number of partners. Residents and the on-site coordinators (who are also residents) facilitate the use of the labs.

Stoughton Senior Center 248 West Main St. Stoughton, WI 53589

Director: Cindy McGlynn

Phone: 608-873-8585

Fax: 608-873-8162

Website: www.cityofstoughton.com

With the proper staff supports there are lots of activities at the Stoughton Senior Center. They include bingo, classes, concerts, daily lunch, pool room, computer room, woodshop.

Vera Court Neighborhood Center
614 Vera Court
Madison, WI 53704

Phone: 608-246-8372

Fax: 608-249-7889

Email: veracourt@yahoo.com

Website: www.veracourt.org

Our Mission

The Vera Court Neighborhood Center will work in collaboration with community residents and community organizations to provide programming for kids, families, and the entire Vera Court community. This programming will respond to community needs as they develop and empower community residents. Residents will identify community needs and will be essential in developing programming that meets these needs. Programming will reflect the strengths and diversity of the Vera Court community.

History

The Vera Court Neighborhood Center was established in a small apartment in 1990 at the urging of residents who believed the community needed a central place where programs for children and adults could be organized and information on education, employment, recreation, and housing could be shared. In 1994, with the support of Vera Court management, the City of Madison, Dane County, lending agencies, and local businesses and foundations, the existing facility was opened and currently provides local residents the opportunity to use the center for multiple functions, i.e. awards ceremonies, birthdays, receptions, and meetings.

Goals

Vera Court has identified three major goals that make up the foundation of our mission as it pertains to children and youth: (1) To provide a strong, research-based, and consistent educational program that supports our efforts, and that of our students, parents, and local schools, to increase and sustain high levels of academic achievement and motivation among our students; (2) To support our parents in their effort to develop knowledgeable, healthy, community-minded, and confident young leaders; and (3) to provide an environment and activities that lead to positive experiences and affirming and supportive social interaction among adolescents and their parents who reside in the broader Vera Court community.

Latino Family Resource Center

The Latino Family Resource Center provides northside Spanish speaking residents with support that will help integrate participants into their community. Services include translations, employment services, housing assistance, and advocacy. The Latino Family Resource Center also includes a Women's Support Group that shares ideas in a variety of topics including employment, nutrition, and exercise.

Community Technology Center

The Vera Court Neighborhood Center Computer Lab offers daily open lab and access for neighborhood residents. Available for use are PC's, laser and color printer, disc burners, scanner, and a digital camera. Vera Court Neighborhood Center also provides instructor led courses in English and Spanish for children, adults, and seniors on topics including absolute beginner, Microsoft Office, and Internet navigation.

About the Lab

The Vera Court Neighborhood Center's 20-station computer lab is made possible through a national partnership with Power UP and a local partnership with the Urban League of Greater Madison. Our high speed Internet access is a generous gift from Charter Communications.

Public Access Open Computer Lab

Every weekday the computer lab is open and free for all neighborhood residents and computer program participants to use. During this time people have access to the educational software, a laser and color printer, a digital camera, scanner, an Intel microscope. Internet access is also available.

Senior Computer Classes

Beginner / Intermediate

Eight week sessions are offered four times throughout the year. The class meets Tuesday mornings from 10:30 AM—noon. The beginner class is designed for first time users. It focuses on basic computer vocabulary and concepts. The intermediate class is for older adults with some computer experience. It focuses on learning a variety of software packages and learning to navigate the Internet.

Adult Computer Classes

Beginner / Intermediate

The adult beginner computer class provides a basic overview of computers, the Internet and an introduction to a number of popular software packages. The intermediate class is designed for people who are interested in upgrading their employability skills and it focuses on spreadsheet design and database management. The beginner class is available in both English and Spanish. The intermediate class is available in English. In partnership with Kennedy Heights Community Center we offer the class one time per year in Hmong. The class meets on Wednesday evenings from 6:00—8:00 and the class in Spanish meets on Fridays from 6—8.

Events

- **Mother's Day Brunch**
On Mother's Day the center hosts a brunch for area community members to honor their mothers. In 2001, we celebrated with a brunch and recognized mothers in attendance.
- **Father's Day BBQ**
The Sunday afternoon of Father's Day VCNC hosts an outdoors BBQ for people to come celebrate together and for fathers to be honored in our community.
- **School Supply Giveaway**
The Monday before school begins, VCNC provides school supplies to area children and youth. Each year we give away more then 150 bags of supplies.
- **Easter Egg Hunt**
The Saturday before Easter, the VCNC hosts an outdoor Easter egg hunt and Easter basket giveaway. In 2001, we provided over 150 baskets.
- **Turkey Basket Giveaway**
Each Wednesday before Thanksgiving, the VCNC distributes over 50 Thanksgiving baskets that include all the fixings needed to make a complete holiday meal.
- **Holiday Party**
The Thursday or Friday before winter break the VCNC hosts a party—it includes craft making, cookie decorating, a special dinner and a small gift for program participants.

Warner Park Community Center
1625 Northport Drive
Madison WI 53704

Phone: 608-245-3690

Warner Park Community Recreation Center (WPCRC) is a multi-purpose, state of the art public facility for community activities including recreational, educational and cultural programs and events.

The facility has a gymnasium, fully equipped exercise room, game room, and dry/wet craft rooms. Meeting rooms and beautiful community rooms are available to rent for banquets, company gatherings, weddings and parties.

WPCRC is a site for Madison School Community Recreation Programs. The office number for MSCR at WPCRC is 245-3669. They can provide a list of current/future activities.

Fees for admission (everyone is required to have an ID card)

City Resident

Non Resident

| | | |
|--------------|------------|-------------|
| Individual | \$5 | \$15 |
| Family | \$10 | \$25 |
| Family of 4+ | \$3/person | \$25/family |

In addition to ID card – the following **daily** admission rates are charged

| | | |
|------------------|-----|-----|
| Youth (6-17) | \$1 | \$4 |
| 18-54 Adult | \$3 | \$5 |
| Senior Adult 55+ | \$2 | \$4 |

OR Yearly Membership

| | | |
|--------|-------|-------|
| Youth | \$120 | \$230 |
| 18-54 | \$160 | \$300 |
| Senior | \$120 | \$230 |
| Family | \$310 | \$600 |

OR 20 Punch Card

| | | |
|--------|------|------|
| Youth | \$20 | \$50 |
| 18-54 | \$36 | \$70 |
| Senior | \$20 | \$50 |

*With membership, you get full use of fitness facility, 10% off MSCR classes held at WPCRC, discount for playroom, and free locker token.

WPCRC is the host site for the Northeast Senior Center.

UW Adaptive Phy Ed

Individuals with disabilities are able to participate in fitness programs created by UW students. There are both land and water programs. Individual must be approved to participate through the department head Tim Gattenby. In addition, once approved an Special Student application must be filled. Classes are offered each semester and are free to those receiving MA/SSI benefits.

Interested individuals can contact Tim at 262-9562 or gattenby@education.wisc.edu

West Madison Senior Center
602 Sawyer Terrace
Madison, WI

Phone: 608-238-0196
Hours: M-F, 9 am – 4 pm

For those 55 and older – variety of programs – classes, meals, exercise classes, seminars. Some of the activities include daily meals, exercise class, tai chi classes, art workshops, computer lab, knitting/crocheting and writing classes. The West Madison Senior Center is affiliated with the West Madison Senior Coalition, which offers a variety of programs for seniors including: case management, health screening/wellness, home chore help, low vision support group, and nutrition. The coalition is located at 517 North Segoe Road, Suite 309. (Phone: 238-7368, Hours: 9 am – 4 pm)

Wexford Ridge Neighborhood Center, Inc.
7011 Flower Lane, Apt. A/C
Madison, WI 53717

Executive Director: Paul Terranova

Phone: 608-833-4979

Fax: 608-833-6919

Email: wexridge@itis.com

Website: www.madison.com/communities/wexford

For over twenty years WRNC has been a part of the west side community. Located on Flower Lane, just off of Gammon Road, WRNC is nestled back in the neighborhood. Because WRNC is not visible from the main thoroughfares, much of the community doesn't even know where it is. All of that is about to change. WRNC, in partnership with Madison Metropolitan School District and the City of Madison, is building a new kind of community space on the grounds of Jefferson Middle and Memorial High Schools. The Lussier Community Education Center (LCEC) will be a place for people of all generations and backgrounds to come together to learn and grow and share. Not only will the new LCEC be a great resource for our neighborhood and the community, but it will be a model for the nation.

Food from Friends

Every week Food from Friends offers fresh fruits and vegetables, breads, and an assortment of other perishable food items to Madison residents. Copps Foods, Whole Foods, Bread Barn, and other local grocers donate food. Capitol Bank and Health Writers volunteers deliver the food, and neighborhood volunteers run the program. This program brings a diversity of communities and cultures together. The program runs each Friday from 10:00 am - 1:00 pm. Families may utilize the program as often as they wish.

Food Pantry

The Food Pantry, one of the center's first programs and partnerships, has been running for over 25 years. Donations from area congregations and community groups provide food for families across Madison. The Food Pantry is open twice weekly on Wednesdays from 7:00-8:00 pm and Saturdays from 12:00-1:00 pm, except the first Wednesday and

Saturday of the month. The pantry provides an assortment of nutritionally balanced non-perishable food items to individuals and families up to eight times a year.

Building Education and Technology Skills

Provide older adults with absolute beginner and beginner computer classes through a partnership with North East Side Senior Coalition. Computer classes provide senior citizens with an increased quality of life through on-going learning, increased access to information through the Internet, the ability to communicate using electronic mail, and the opportunity to meet other seniors with similar interests.

WilMar Neighborhood Center 953 Jenifer St. Madison, WI 53703

Executive Director: Gary Kallas

Phone: 608-257-4576

Fax: 608-257-1052

Email: garyk@wil-mar.org

Website: <http://www.madison.com/communities/wil-mar/index.php>

Mission

Wil-Mar Neighborhood Center is a community-directed, non-profit organization based in the Williamson- Marquette neighborhood concentrating on:

- enhancing the quality of life by fostering community building and partnerships; supporting life enriching programs providing opportunities and services.

Goals

- To deliver responsible, high quality services and programs in a safe and respectful environment for people of all ages.
- To increase Center availability to community groups, nonprofit organizations, and neighborhood residents.
- To respond to the changing needs of the neighborhood.
- To provide opportunities for neighborhood youth to participate in activities promoting positive self images through fun, creativity, adventure and empowerment in a culturally diverse world.
- To establish a consistent and diverse funding base.
- To work cooperatively with local nonprofit and business organizations to make the best use of limited resources.

About Us

The Clothing & Produce on the table and shelves of the lobby in the Center are donated or delivered by volunteers and are offered to anyone who needs them.

Community Assistance - The Second Chance program provides opportunities for work

experience and personal enhancement to individuals who may not have the background or references to transition into full employment.

Available in the Community Resource Room are binders of information compiled from local agencies, computers, access to the internet and a variety of software, and a library of more than 1,000 books, covering topics such as health, reference, culture, art, and a wide range of fiction.

Facility Use Rentals at *Wil-Mar* provide low cost meeting space to a variety of community and private groups on a space available basis.

The Food Pantry is open on Monday, Tuesday and Wednesday from 1:00-3:00 pm . The pantry serves the 53703 and 53704 zip codes. People must show identification for themselves and each member of their family, and may use the pantry once every 30 days.

Wil-Mar's Information & Referral Service connects neighborhood residents with appropriate community resources and services, provides quarterly program updates, and publishes a bi-monthly newsletter, *The Williamson-Marquette Gazette*, in conjunction with *Common Wealth Development* and the *Marquette Neighborhood Association*.

A hot, nutritious Free Community Meal is served each Saturday from 11:30 am-12:30 pm. The meal is prepared by 5 volunteer groups: *Forest Product Lab Forestette Group*, *Lake Edge United Church of Christ*, *St. Stephen's Lutheran Church*, *Downtown Kiwanis Club*, and *Monona-Madison Kiwanis Club*.

Wil-Mar's Senior Nutrition & Recreation Program offers a lunch Monday through Friday at noon. The meals are home-made by *Wil-Mar's* cook. The seniors play Euchre, '500', and Bingo, and enjoy trips, socializing and speakers.

Events: La Fête de Marquette in Madison's Central Park, Willy Street Fair

**Wisconsin Youth Company Inc.
1201 McKenna Blvd
Madison, WI 53719**

Phone: 276-9782

Website: www.wisconsinyouthcompany.org

Wisconsin Youth Company are providers of quality before, after school, summer and educational enrichment programming to school aged youth through a variety of programs and services. These programs include: AFTER SCHOOL, WANDER WI, GENERATION TOURS, CELEBRATING YOUTH, and MIDDLE SCHOOL U.

Volunteer Opportunities are available with these programs. Go to the website for more Information or to the United Way of Dane County website www.volunteeryourtime.org